



**29TH ANNUAL CONFERENCE OF
THE PAEDIATRIC ORTHOPAEDIC SOCIETY OF INDIA
DATE : 10TH - 12TH FEBRUARY 2023**

SCIENTIFIC PROGRAMME - DAY 1 (10-02-2023) Hall - Bowlingally

Foot and Ankle - Workshop : POSICON 2023

Convener - Dr. Viraj Shingade, Dr. Kankeya Reddy, Dr. Jitendra Sarangi

Time	Topic	Duration	Speaker & Moderator
9.00am - 9.03am	Introductory remarks by Organizing team		
	CTEV		
Session 1			
9.03am - 9.30 am	Common errors in diagnosing CTEV		
1	How do I differentiate Abnormal position in utero (a club foot variant) from classical club foot?	5 minutes	Dr. Kapil Gangwal
2	How do I differentiate classical club foot from atypical/complex club foot (5 minutes)	5 minutes	Dr. Swapnil Keny
3	How arthrogryptic clubfoot is different from classical club foot?	5 minutes	Dr. Samir Desai
4	Common errors in scoring club foot deformity	5 minutes	Dr. Sarwar Salam
	Discussion	7 minutes	
Session 2			
9.30am -10.15am	Common errors in treatment of club foot		
	Errors in Ponseti Casting..		
1	Why it is important to correct cavus first and proper technique for correcting the cavus	5 minutes	Dr. Maulin Shah
2	Where do I place my thumb while abducting the foot and why? Correct techniques of thumb pressure	5 minutes	Dr. Maulin Shah
3	Parents not comfortable for above knee cast... Shall I give below knee cast?.why not?	5 minutes	Dr. Hitesh Shah
4	Casting at 3 weekly interval under anaesthesia. Is it a correct practice?	5 minutes	Dr. N K Das
5	5. Equinus correction- can it be done with cast? what can happen ?	5 minutes	Dr. Bibhudutta Sahu

6	6. How casting differs in arthrogrypotic club foot	5 minutes	Dr. Mandar Agashe
7	7. Avoiding plaster slippage in atypical clubfoot-.an Art As well as Science	5 minutes	Dr. Swapnil Keny
	Discussion:	10 minutes	
Session 3			
10.15am -10.40 am	Errors in ACHILLIS Tenotomy and SPLINTAGE		
1	Common errors in Achillis tenotomy	7 minutes	Dr. Sandeep Patwardhan
2	Mosquito forceps assisted Tenotomy	3 minutes	Dr. Viraj Shingade
3	Common errors in splintage in management of clubfoot	7 minutes	Dr. Thomos Palocaren
	Discussion	8 minutes	
Session 4			
10.50 - 12.00 noon	Errors in treatment of recurrent and complex clubfoot		
1	One year child with recurrent and complex clubfoot. Is there a role of Ponseti casting?	7+3=10 minutes	
2	Role of PMR.in treatment of club foot.-common errors in PMR and How do I avoid them?	7+3=10 minutes	Dr. Alaric Aroojis
3	Role of osteotomy in neglected and recurrent club foot deformity-Common mistakes and how to avoid them?	7+3=10 minutes	Dr. Viraj Shingade
4	Role of JESS in treatment of club foot-Common mistakes and how to avoid them?	7+3=10 minutes	Dr. Rujuta Mehta
5	Role of Ilizarov in treatment of clubfoot-Common errors and how to avoid them	7+3=10 minutes	Dr. Sakti Prasad Das
6	Surgical Treatment of Arthrogrypotic clubfoot deformity-common errors, tips and tricks	7+3=10 minutes	Dr. Atul Bhaskar
7	Treatment of clubfoot associated with congenital constriction band syndrome - Common errors .. tips and tricks	7+3 =10 minutes	Dr. Vincent Mosca
Session 5			
12.00pm -12.35 pm	CASE BASED DISCUSSION		
	Complications which I saw in CLUB FOOT.What went wrong?,tips and tricks to avoid errors.		
	7 cases of 5 minutes each	(2 minutes case presentation 3 minutes discussion)	35 minutes
	Moderators	Dr. Sandeep Patwardhan, Dr. V V Somaraju	

	Final Words	Dr. Vincent Mosca, Dr. Ashok Johari, Dr. Sanjeev Sabarwal	
	Cases	Dr. Gowardhan Ingle, Dr. Ashish Ranade, Dr. Jitendra Jain, Dr. VV Somaraju, Dr. Chasnal Rathod, Dr. Viranchi Vaidya, Dr. Sudhir Mahapatra	
Session 6			
12.35pm - 12.45 pm	COMPLEX FOOT AND ANKLE PROBLEMS		
	Role of Ilizarov in managing complex foot and ankle problems in Paediatric Age group	8 + 2 minutes	Dr. Sanjay Das
Session 7			
12.45pm - 1.45 pm	CONGENITAL VERTICAL TALUS		
1	Common errors in diagnosing Congenital vertical talus in neonate	7 minutes	Dr. Cherry Kooror
2	Common errors in Dobb's technique while treating vertical talus in neonates	7 minutes	Dr. Premal Naik
3	Common errors in open surgery while treating CVT in walking age group	10 minutes	Dr. Vincent Mosca
	Discussion	6 minutes	
	Interesting cases of CVT	30 minutes	
	Moderator	Dr. Ramani Narsimhan, Dr. KL Narsimha Rao	
	Final Words	Dr. Vincent Mosca, Dr. Ashok Johari, Dr. Sanjeev Sabarwal	
	Case presentation by	Dr. Mandar Agashe, Dr. KL Narsimha Rao, Dr. Vivek Shrivastav, Dr. Vikas Gupta, Dr. Tushar Agrawal, Dr. Soumya Paik	
	6 cases of 5 minutes each	2 minutes presentation	3 minutes discussion
1.45pm - 2.15 pm	Lunch Break		
Session 8			
2.15 pm - 2.55 pm	FLAT FOOT / planovalgoid foot		
1	How do I differentiate flexible flat foot from pathological flat foot	7 minutes	Dr Dhiren Ganjwala

2	Role of conservative treatment in treating planovalgoid foot. Tips and tricks to avoid errors in conservative treatment	7 minutes	Dr. Premal Naik
3	Role of surgery in planovalgoid foot and common errors during surgical procedures	10 minutes	Dr. Vincent Mosca
	Discussion	6 minutes	
	Interesting 2 cases of planovalgoid foot - Discussion	10 minutes	Dr. Vincent Mosca
Session 9			
2.55pm - 3.35pm	HALLUX VALGUS		
1	Role of braces and conservative treatment in Hallux Valgus	7 minutes	Dr. Mihir Thacker
2	My preferred surgical choice for Hallux Valgus...tips and pearls	15 minutes	Dr. Vincent Mosca
	Discussion:	6 minutes	
	Interesting cases of Hallux Valgus - Discussion	12 minutes	Dr. Dhiren Ganjwala
	Final words	Dr. Vincent Mosca, Dr. Mihir Thacker, Dr. Ashok Johari	
Session 10			
3.35pm - 4.00pm	CONGENITAL HALLUX VARUS		
1	Tips and tricks in surgical procedures for correction of congenital hallux varus..how do I get best outcome	8 minutes	Dr. Vincent Mosca
2	Common errors in treatment of Hallux varus. How to avoid them?	8 minutes	Dr. Sanjeev Sabarwal
	Interesting Case discussion	(5 minutes:3 minutes case presentation 2 minutes discussion)	Dr. Sandeep Vaidya
	Final Words	Dr. Ashok Johari, Dr. Sanjeev Sabarwal. Dr. Vincent Mosca	
	Discussion	4 minutes	
Session 11			
4.15pm - 4.50pm	TARSAL COALITION		
1	How do I diagnose tarsal coalition clinic-radiologically. Role of Conservative treatment in symptomatic Tarsal Coalition	10 minutes	Dr. Vrisha Madhuri
2	Role of surgical treatment in treatment of Tarsal coalition and common errors involved in them.	10 minutes	Dr. Sanjeev Sabarwal
	Discussion	5 minutes	
	Interesting case Discussion of Tarsal Coalition	10 minutes	Dr. Rujuta Mehta, Dr. Alaric Aroojis
	Final opinion	Dr. Sanjeev Sabarwal, Dr. Vrisha Madhuri, Dr. Ashok Johari	

Session12			
4.50pm - 5.25 pm	FOOT PROBLEMS IN FIBULAR HEMIMELIA		
1	When to conserve and when should I go ahead for foot surgery in Fibular Hemimelia?	10 minutes	Dr. Mihir Thacker
	Interesting Cases Discussion of fibular Hemimelia	5 cases of 5 minutes each.2 minute case presentation,3 minutes discussion	25 minutes
	Moderator	Dr. Binoti Sheth, Dr. Vikas Gupta	
	Case presenter	Dr. Binoti Sheth, Dr. Kamlesh Devmurari, Dr. Avi Shah, Dr. Jaideep Dhamele, Dr. T. Easwar Ramani	
	Final opinion	Dr. Vincent Mosca, Dr. Mihir Thacker, Dr. Ashok Johari	
Session 13			
5.25pm - 6.00 pm	FOOT PROBLEMS IN TIBIAL HEMIMELIA		
1	Common errors in decision making for foot problems in Tibial Hemimelia. Various options and when to go ahead with surgical reconstruction?	10 minutes	Dr. Simon Kelley
	Case Discussion	5 cases of 5 minutes each.2 minute case presentation, 3 minutes discussion	25 minutes
	Moderator	Dr. Vijay Sriram, Dr. Sudhir Mahapatra	
	Case presenter	Dr. Sudhir Mahapatra, Dr. Jonathan Reddy, Dr. Rajeev Negandhi, Dr. Vijay Sriram, Dr. Arun Hulsoore	
	Final opinion	Dr. Vincent Mosca, Dr. Simon Kelley, Dr. Sanjeev Sabarwal, Dr. Ashok Johari	
End of the Sessions			